DOLOMITES 2020

Custom Hiking Tour for XX

- Starting point: Passo San Pellegrino, Trentino/Italy
- Starting point: Ranui, Funes valley, South Tyrol/Italy
- 5 days hiking 4 overnights in "rifugio" 6 to 8 hours a day Medium difficulty
- Overall length: about 65 kilometers
- Overall change in elevation: about 3000 meters
- Dolomites groups: Marmolada > Sella > Puez > Odle



- ✓ Hiking in the Dolomites may be <u>dangerous</u>. In Case of an emergency call the number 112
- ✓ When you hike by yourselves without a guide, you are totally responsible for yourself and your actions. If you feel that you do not have enough experience in hiking in the Dolomites, you can rely on a professional mountain guide who will take care of your safety.
- ✓ Keep in mind that even the simplest and most common route can be dangerous, <u>especially if</u> the weather turns bad or there are thunderstorms.
- ✓ Thunderstorms in the Dolomites are likely to come during the day. <u>Please check every morning regional weather forecasts</u>. (<u>www.meteotrentino.it</u> <u>weather.provinz.bz.it</u>)
- ✔ Public transportation websites: sii.bz.it www.trentinotrasporti.it
- ✓ Required 25.000 paper map for this itinerary: publisher "TABACCO" (<u>www.tabaccoeditrice.it</u>) Maps number: "06. Val di Fassa" "05. Val Gardena"

Legend:



101 Path number

Paths in the Dolomites are marked with a red/white sign which you find on rocks, tree, stones, and more.



Variant of the original itinerary

You can have a variation from the original itinerary which you can follow depending on timing, weather and your conditions.



Dangerous in case of bad weather

<u>This part can be dangerous with bad weather.</u> Please note that even the easiest and common route may be dangerous in case of bad weather!



In case of bad weather

If weather is not good, the suggested alternative route is the fastest and safest way to reach the next "rifugio".



"46.380662, 11.806703" coordinates of accommodation and main points taken from Google Map.

DAY

Very easy and intuitive departure on a small road. As you hike the path becomes more challenging.

You start from the mid-mountain environment between meadows and trees and hike up to an altitude where there are only rocks and debris (typical ambient of the Dolomites).

With this first day of hiking you discover the Dolomites and the terrain on which you will walk during the next 5 days.



"Passo San Pellegrino" road to "rifugio Fuciade" (1900mt) 46.380662, 11.806703

The itinerary starts at "passo San Pellegrino" on the easy small road which leads to the famous "rifugio Fuciade" (excellent food and cakes, have a coffee!).





Direction: PASSO DELLE CIRELLE From the starting point of the itinerary (46.380662, 11.806703) follow the small road which leads to "rifugio Fuciade" in about 30/45 minutes. From "rifugio Fuciade", follow the path number 607 which is part of the "Alta Via 2". Direction is "passo delle Cirelle" (46.409819, 11.824068 - 2680m) which you should reach in about 90 minutes. On a certain point, during the ascent, the path goes up steep on the right (north direction), do not go straight through the valley. While you are hiking, you will notice how the terrain changes: from easy it becomes more challenging on small rocks and debris (this is the typical terrain of the Dolomites when you go to high altitude).





Direction: PASSO OMBRETTOLA Once reached "passo delle Cirelle" go further for about 80 meters. When you find a cross, do NOT follow the main path which goes down but go on the right (east direction) on the path number 612B towards "passo Ombrettola" (46.414245, 11.839014 - 2860m).

 $rac{4}{7}$ This path is not easy and more challenging than the previous one. In the middle there is a more exposed part which must be tackled firmly (this is one of the most challenging parts of the itinerary). Nearby there are also other different small paths, please follow the main one which is the most obvious.





612

Direction: RIFUGIO FALIER From "passo Ombrettola" follow path number 612 in east direction and hike further towards "rifugio Falier". From this point you hike down and lose altitude quickly. First part of this path is steep. After a while you will reach the vegetation and then the wood. Once reached the wood, "rifugio Falier" is close to you.

Please note that this is your first descent in the Dolomites. You might have to get used to this terrain. Hike carefully as you may have tired legs (it is your first day of hiking!)





ENDING POINT

"Rifugio Falier" at Marmolada (2074mt) 46.424864, 11.862716

Really nice and simple "rifugio" in front of the south wall of "Marmolada", very famous climbing spot for climbers. Enjoy the peace and the beauty of this place (and your 4 beds private room!)



In case of bad weather (thunderstorms or heavy rain), it is NOT advisable to hike on the suggested itinerary. Please go to "Malga Ciapela" by taxi and from here hike up easily to "rifugio Falier" on path number 610.



If it is really nice weather and there is no possibility of thunderstorms you might have a longer hike. From "passo delle Cirelle" go down following path number 607 AV2 until "rifugio Contrin". From here, hike up to "pas de Ombreta" on path number 610 (700m of elevation on hard and steep path). From "pas de Ombreta" hike down on path number 610 which leads to "rifugio Falier".



Length: about 11 km

Change in elevation: about 1000m

Average time: 7 hrs

Overall difficulty: MEDIUM//HARD